

# **Circadian and Homeostatic Aspects of Sleep Regulation: From Naturalistic Models to Clinical Settings**

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von

Melanie Furrer

von

Horw LU

## **Promotionskommission**

Prof. Dr. Reto Huber  
(Vorsitz und Leitung der Dissertation)

Prof. Dr. Steven Brown

Prof. Dr. Monica Sundset

Dr. Gabriela Wagner

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